

Tool of the Month Worksheet

February 2023 – Developing Self-Awareness

If you have the DiSC Communication Tool available to you, record the following:

Primary DiSC Communication Style: _____

Secondary DiSC Communication Style: _____

Use the following questions to identify your preferred communication style in various scenarios:

How do you prefer to work through tasks in your role?

Share your ideal level of social engagement at work.

What is your preferred communication method within your Team?

How do you prefer to receive recognition or feedback?

Take Action: Ask a member (or two) on your Team how your communication preferences/approach may be more effective in the workplace.