

Tool of the Month Worksheet

March 2023

- Circle your Preferred Primary Communication Style:
 - DOMINANCE – Fact Based Initiator
 - INFLUENCE – Feeling Based Initiator
 - STEADINESS – Feeling Based Responder
 - CONSCIENTIOUSNESS – Fact Based Responder

- Choose 2-3 strategies you will use to adapt from the March Tool of the Month:
 1. _____
 2. _____
 3. _____

- Identify a coach, mentor, colleague or leader/manager who is willing to serve as your accountability partner:
 - _____

What daily/weekly action can you take to intentionally implement your plan:

- Determine how you will measure your progress:
 - Q1 _____
 - Q2 _____
 - Q3 _____
 - Q4 _____

- Identify the tools/resources/margin/books you may need to expand your adaptability:
 - _____
 - _____
 - _____
 - _____
 - _____
 - _____